

2016

Seminar

“Dance Improvisation Workshop with Elisvet Pliakostathi”

>improvisation>composition>creation of a site specific performance



Athens Video Dance Project is coming to Horto for the first time and organises a Dance Workshop focused on improvisation, composition and site specific performances. AVDP was founded in 2010 with the aim to promote the art of Dance and Videodance in Greece through the implementation of educational, artistic and community programs and multidisciplinary art collaborations and productions.

For 4 days, the seaside village of Horto will host a creative platform of dance improvisation and composition research and is inviting professional and non professional dancers, dance students, performers, performing arts trainers, artists from any artistic field and anyone who is interested in dance improvisation and composition to take part in an experiential learning method.



Aims of the workshop:

- to research the movement possibilities of the body regardless of age and experience
- to discover the body dynamic that emerges when it acts in the natural or/and urban space
- to experiment on improvisation and composition methods
- to create a site specific physical performance which will be presented in the local community on the last day of the workshop



Details:

Arrival day: Friday, July 22.

A meeting with Elisavet Pliakostathi and the participants will be held at 7:00pm.

Date of departure: Wednesday, July 27

Dates of Workshop: Saturday, July 23 to Tuesday, July 26

Morning lessons will take place from 09:30am – 1:30pm and evening lessons from 6:30pm – 8:30pm

Workshop venues: Museum - Workshop Space and open air spaces in Horto

Date of Performance: Tuesday, July 26

Workshop fee: 60€



Travel / Accommodation / Meals:

Participants are responsible for their travel, accommodation and meal expenses.

For participants travelling to Greece from abroad, you have the option of flying in to Athens (Eleftherios Venizelos), Thessaloniki (Macedonia International) or Volos (Nea Anchialos). Then, you may take the train (OSE) or coach (KTEL) to Volos. From Volos you will have to take the coach (KTEL) to Milina or Trikeri, both of which stop at Horto. For your accommodation you have the option of renting individual rooms or hotel rooms, which are near the venue of the workshop (everything in Horto is within walking distance)., If you wish, you may share a 2, 3 or 4 bed room with other participants of the workshop. There is a low rent price for all the participants after coming in contact with the coordinator of the workshop. There are 2 mini-markets in Horto where you can purchase your daily goods. Most rooms for rent also have a kitchenette. There are also restaurants along the beach.



Biography

Elisavet Pliakostathi was born in Athens where she lives and works. She visits Horto very often as she comes from there. Elisavet is a performer, choreographer and dance teacher. She has studied Dance Performance at the Greek State School of Dance, (Athens, 1998-2001), she has an MA in Choreography with Performing Arts from Middlesex University, (London, 2001-2003) and she holds a diploma in Theatre Education and Practice from the Centre of Cultural and Pedagogical Activity, 'Pedion Drasis', (Athens, 2006-2009).

Since 2001, she has been participating as a performer in contemporary and dance theatre performances and interdisciplinary artistic activities, while, since 2003 she has been teaching dance, improvisation and composition to children and adults and professional and non-professionals.

In 2005, she founded '58+3 Dance Company', where she directs and choreographs. The Company has featured dance projects in Athens, Germany, Italy and Poland. In 2008 the Company was chosen to take part in the 13th Biennale of Young Artists from Europe and the Mediterranean, Bari, Italy.

Since 2014, she has been a member of the Athens Video Dance Project.

She is a member of the Association of Greek Choreographers and the Greek Association of Dance Employment.

For more info - <https://58plus3danceco.wordpress.com>

